

21st CAA AFRICA CHAMPIONSHIPS IN ATHLETICS

ASABA (NIGERIA)
FROM 1st TO 5 AUGUST 2018

TECHNICAL REGULATIONS

I – VENUE, DATE AND EVENTS

1.1. The 21st CAA African Championships in Athletics will take place from **1st to 5 August 2018 in Asaba** (Nigeria) according to the Program below:

1.2. ***There are 44 events on the program:*** 22 for Men and 22 for ladies.

MEN

100m–200m–400m–800m–1500m–5000m–10000m–110m Hurdles–400m Hurdles–3000m SC–20 km walk- 4 x 100m–4 x 400m -Decathlon–High Jump–Pole Vault–Long Jump–Triple Jump–Shot Put–Discus–Hammer–Javelin.

WOMEN

100m–200m–400m–800m–1500m–5000m–10000m–100m Hurdles–400m Hurdles–3000m SC–20 km walk–4 x 100m–4 x 400m - Heptathlon – High Jump – Pole Vault–Long Jump–Triple Jump–Shot Put–Discus–Hammer–Javelin.

II – PARTICIPATION CONDITIONS

2.1. **Age Categories**

-These championships are opened to seniors, however:

- **U20 Athletes**

Any athlete of 18 and 19 years as on 31st December in the year of the competition **(born in 1999 or 2000)** may participate in any event.

- **U18 Athletes**

Any athlete of 16 and 17 years on 31st December in the year of the competition **(born in 2001 or 2002)** may compete in any event.

Anyway, the maximum number of events in which an U18 athlete may participate is **two (02) individual events plus the relay.**

If the two individual events are races, only one of these individual races may exceed **200 m.**

- **Athletes aged less than 16 years**

No athlete aged less than 16 years on 31st December in the year of the competition **(born in 2003 and after)** may be entered.

2.2. Entry standards in appendix

In accordance with the Africa Championships regulations, each member federation is allowed to enter in each event:

- **A maximum of three (03) Athletes having achieved the entry standards, or**
- **A maximum of one (01) athlete, though having not achieved the required standard**

2.3. Ratios of Teams

Each delegation will be supervised in accordance with the ratio of officials in appendix.

2.4. The preliminary entries must be sent to the organizing committee and to CAA before March 1st 2018 at midnight latest (Nigeria Local time) with:

- The number of athletes per event and the relay team
- The number and gender of accompanying officials

2.5. The final entries will be received as from Monday 8 June and their reception will be closed on 9 July 2018 at midnight (Nigeria local time).

Final entries will consist in sending forms established for that purpose and duly filled in with:

- Name and Surname of athletes as well as the performance of each one with the date and venue of achievement.
- Name and surname, gender and function of accompanying officials;
- List of **National Records** (Men and Women).

All These documents must be compulsorily sent to the Organizing committee and to CAA through the addresses below:

**Local Organizing Committee of the
XXIth Africa championships in Athletics**

Confederation of African Athletics
Hann Mariste, Cité Som, Bloc-C
BP 88Dakar – (Sénégal)
Tél : +221 33 832 83 97 / 33 832 83 98
Fax : +221 33 832 84 02
Email: caaa@orange.sn

2.6. The final confirmation of entries will be made at the technical meeting latest and will be concerning all competition events

However, for the events of the 2nd, 3rd, 4th and 5th days, daily confirmations must be made on the eve of each event latest at 12 :00 am and deposited to the Technical information center, some forms will be available for that purpose at the TIC.

III- TECHNICAL INFORMATIONS (TIC)

3.1. Technical Information Centre (TIC)

- A technical information centre will be set up inside the stadium; its main role will be to assure a better liaison between each delegation, the technical secretariat, the organizing committee and the technical delegates.
- The TIC will be functional as from **30 July 2018** from 9:00 am to 7:00 pm and this until the end of the championships.
- Besides, the TIC will be responsible of the following:
 - Notification of start-lists
 - Registration of confirmations
 - Submission of oral protest in case the concerning referee is not available
 - Protests to the Jury of Appeal
 - Registration of requests for anti-doping controls for the continental records and the viewing of the photo finish
 - Urgent notifications
 - Results' publishing

3.2. Technical meeting

- The technical meeting will take place on **31 July 2018**, hour and venue are to be decided.
- Will take part in the technical meeting
 - The national federations' representatives
 - The CAA representative
 - The representatives of the organizing committee
 - The organization delegates
 - The Technical delegates
 - The anti-doping delegate
 - The medical delegate
 - The members of the Jury of Appeal
 - The International technical officials (ITOs) of the CAA and walking judges
 - The main local technical officials
 - TWO (02) representatives per delegation
- The agenda of the technical meeting will be communicated to you as soon as arrival at Asaba

3.3. Guidance Visit

A guidance visit will be organized before the start of the championships in order to identify the following venues: cloakrooms, warming up zone, anti doping control zone, call room, rest zone for combined events athletes etc. Each delegation may be represented by a maximum number of **two (02) persons**.

IV – MEDICAL SERVICES AND ANTI-DOPING

4.1. A medical Commission appointed by the Organizing Committee will deal with all general and urgent medical issues. The delegations are by the way invited to subscribe to insurance for their delegates for serious cases requiring heavy assistance and repatriations in medical conditions.

4.2. The anti doping control will be carried out in accordance to IAAF rules. Further information will be provided at the technical meeting by the anti doping technical delegate

V – ACCOMMODATION AND CATERING

5.1. In accordance with the Africa championships regulations, the accommodation and the catering are provided free of charge by the organizing committee to all delegations from 30 July to 7 August 2018 (period of charge taking).

5.2. Any additional person (outside quota) as well as any person who arrives before 30th July and /or stays after 7 August shall pay fifty (50) dollars US per day.

5.3. All athletes, coaches, medical and paramedical agents, chiefs of delegation, council members, Delegates and International Officials (ITOs and International Walking Judges) will be accommodated in hotels.

VI – TRANSPORT

6.1. A detailed timetable of transport services toward the training and competition venues will be available at the TIC and to the information desk of each accommodation site.

6.2. The organizing committee will assure the transport to Asaba for the preparation and organization of the 18th Africa Championships of the various CAA delegates who are:

- The CAA President,
- The CAA General Director
- The CAA Staff (the President's Cabinet and General Directory)
- The CAA Technical Director,
- The organizational Delegates (2),
- The Technical delegates (2),
- The antidoping control delegate (1),
- The Walking Judges(4),
- The members of the Jury of Appeal (5),
- The Area Technical officials ATO (6).

VII- COMPETITION REGULATION

7.1. Conditions of organizing an event

For an event to be validly organized, the minimum entries are required:

- Three athletes from two different countries for individual events
- And three teams from three different countries for the relay events

7.2. Qualification procedure

After the final confirmations, the start lists will be established in compliance with the rule 166 of the IAAF manual in force.

In case a round is cancelled due to an insufficient number of entries, all teams will be informed of this as soon as possible.

The qualification procedures will be defined by the technical delegates in accordance with IAAF regulations and communications to chiefs of delegation at the technical meeting.

7.3. Clothing:

The competitors must wear the suit approved by their federation. The medal ceremony and any honor lap are part of the competition.

Each chief of delegation will be asked to present photos of the official whole suit of its delegation at the TIC or at the information desk as soon as he arrives, so as to assure the respect of rules by the competitors.

The photos of the official suits will be submitted for approval by the technical delegates and some copies will be given to the officials in the call room so as to enable them to check the suit of each competitor during the control as per rule 143 of IAAF.

7.4. Bibs

At the end of the technical meeting, delegations will receive bibs for the athletes.

They must wear two bibs, one on the chest and one on the back. Additional bibs must be put on the bag and/or on the top wear if the latter is worn during the competition.

However, for all jumping events, athletes are allowed to only put on one bib, either on the chest or on the back.

For races, all competitors will receive at the call room or the start zone, two small additional numbers (which identify the lane or the start position); these ones must be placed on each side of the shorts or the legs.

In relays, bibs with country code will be given to athletes; these bibs must be put on the chest and the individual bib on the back.

It is forbidden to perforate, to cut off or to fold down the bibs which must be worn as they were received.

7.5. Markers

-Field events:

Athletes participating in field events must use markers for his run up provided by the organizer. A maximum **of two markers** are allowed.

-Relays:

Each relay team will receive at the call room, some adhesive stripes of a standard length. It is forbidden to cut off the stripe. There must be only one marker for the 2nd, 3rd and 4th relays.

7.6. Implements

Throwing implements shall comply with IAAF rules.

Some implements will be provided by the organizing committee for training and for competition.

The use of personal implements will be allowed unless they are checked and approved by the technical delegates. Personal implements must be deposited at the TIC on the eve of each event for verification by the technical Director of the competition under the supervision of the technical delegates.

7.7. Poles

The pole or cases must be clearly identified: with the name of the athlete and his bib number.

All poles will be carried from airport to the stadium where they will be kept until the day of the competition.

Before the different competitions of Pole Vault, the poles must be deposited on the competition venue where they will be checked.

7.8. Medals for the Relays

For the first three relay teams, the four athletes of each team having participated in the final will be on the podium

The other athletes (**maximum two**) having participated in the Preliminary rounds (if organized) will receive their medals later.

It is the responsibility of the LOC to make sure that each team actually receives the correct number of medals.

VIII- Call Room

Athletes must present themselves to the call room and at the planned time. This means that all delegations must make sure that their athletes know the time to get to the call room. Delay to report at the call room may bring about exclusion from participation in the event.

- Athletes must report at the call room according to the times indicated in the table below:

EVENTS	1st Call	2^{sd} Call	Entry Call Room	Exit Call Room	Entry Stadium
Races	45	35	30	15	10
Hurdles and Relay Races	50	40	35	20	15
Horizontal Field Events	65	55	50	35	30
High Jump	75	65	60	45	40
Pole Vault	95	85	80	65	60

NB: these times are liable to change considering the distance between the call room and the facilities

Access to call room will not be authorized to officials (VIP, chiefs of delegations), to team representatives, to coaches and to medias.

The main role of the call room will be in accordance with rule 138 of IAAF Manual
Once in the call room, athletes will be identified by their accreditation card and by their bibs' numbers.

Then, the officials will have to check:

- The competition bibs
- The official competition suit
- The shoes
- Advertisement on the uniform, bag etc. according to rule 143 of IAAF.

Except of the uniform maker's logo, no advertisement shall appear on the competition uniform

Unauthorized Items:

That the bags, bottles of drink etc. are not displaying forbidden publicity will also be checked. It is also forbidden to bring any technical electronic device (radio, mobile phone, walkman, etc) on the competition venue.

These ones shall be identified and kept at the call room and be taken back from the TIC after the event.

After verification by the officials, athletes will head for the waiting area of the call room before being accompanied to the event venue.

IX- COMBINED EVENTS

Athletes participating in the combined events (decathlon- heptathlon) shall come to the call room at the beginning of the first event of each day.

For the second and the following events, athletes shall be grouped at the rest room and accompanied by a combined events technical official.

Although athletes are not obliged to stay in the rest zone between events, this zone will serve as call room for all the following events. Athletes shall go back to the rest zone before the beginning of the following events so as to be controlled again.

Combined events' athletes will be able to have meal in the rest zone if the competition timetable requires it.

The rest zone is reserved for athletes. However, the appointed team officials may have access to it in order to meet athletes there.

X- PROTEST AND APPEAL

Protest shall be dealt with as per rule 146 of IAAF.

They must be made within **the thirty (30) minutes** following the official announcement of the results.

Any protest shall be made orally to the referee by an athlete himself or by someone on his behalf.

Such person or team may protest only if they are competing in the same round of the event to which the protest relates.

The referee may decide or refer the matter to the jury of appeal. If the referee makes a decision, there will be a right to appeal to the jury of appeal.

Where the referee is not accessible or available, the protest should be made to him through the Technical Information Center.

The appeals to the jury of appeal shall be written on the appeal form available at the TIC. It shall be signed by the Athlete or by an official representative of the team and shall be

accompanied by a deposit **of 100 US\$** (or equivalent in local currency) which will be forfeited if the appeal is not allowed.

A signed copy of the appeal shall be given to the person who presented it. The copy must indicate the official hour of the appeal presentation as well as the payment of the indicated amount of money.

The appeal must be submitted within **the thirty (30) minutes** following the decision of the referee.

The jury of appeal will give a written answer, a copy will be placed in the team's shelf at the TIC and if possible, another copy will be posted on the display board.

XI- CONTROL STATION –MIXED ZONE

Mixed Zone: all athletes shall leave the competition venue via the mixed zone. In this zone, Medias will be able to make quick interviews.

Control Zone: after finishing the competitions, all competitors shall go toward this zone which is next to the athletes exit from the competition area. Athletes will there take back their luggage.

All selected athletes for the anti doping control will be informed about this and led to the anti-doping control center.

Athletes who are not subject to anti doping control or who will not participate in the medal ceremonies may leave the station and head for the stands. Once an athlete leaves this zone, he or she may not return there anymore.