



3rd Africa Mountain Running Championships 2011  
28th November, 2011  
Obudu Ranch Cross Rivers State, Nigeria



Individual Result

**Women**

**WOMEN**

| Pos | Bib | Name             | Country | DoB        | Performance |
|-----|-----|------------------|---------|------------|-------------|
| 1   | 8   | JANET Dung       | NGR     |            | 58:20mins   |
| 2   | 9   | MATHEW Nancy     | NGR     |            | 71:45mins   |
| 3   | 7   | OLUMUDI Aderonke | NGR     | 11/03/1991 | 73:16mins   |
| 4   | 6   | PAM Deborah      | NGR     |            |             |

**MEN**

| Pos | Bib | Name                        | Country | DoB        | Performance |
|-----|-----|-----------------------------|---------|------------|-------------|
| 1   | 33  | KUSURO Geoffrey             | UGA     | 12/02/1989 | 42:40mins   |
| 2   | 23  | MACDONALD Ondara            | KEN     |            | 43:09mins   |
| 3   | 30  | AYEKO Thomas                | UGA     | 10/02/0992 | 43:31mins   |
| 4   | 32  | KIPROTICH Stephen           | UGA     | 29/02/1989 | 43:42mins   |
| 5   | 40  | PETRO MAMA Shaku            | ERI     |            | 44:03mins   |
| 6   | 41  | AZERYA TEKLAY WELDEMARIAM   | ERI     |            | 44:16mins   |
| 7   | 43  | MSGHINA BEYENE HAILY        | ERI     |            | 44:56mins   |
| 8   | 44  | OGUBIT GHEBRENGUS GHEBREKAL | ERI     |            | 45:23mins   |
| 9   | 31  | KIBET James                 | UGA     | 05/06/1984 | 46:34mins   |
| 10  | 42  | DEBESAY TSIGE BAHLBI        | ERI     |            | 46:45mins   |
| 11  | 34  | MARTINS Toroitich           | UGA     | 27/07/1977 | 47:45mins   |
| 12  | 1   | TOKBE C. Gwet               | NGR     |            | 49:04mins   |
| 13  | 2   | EMMANUEL Gyang              | NGR     |            | 49:08mins   |
| 14  | 4   | GYANG Danjuma               | NGR     |            | 49:10mins   |
| 15  | 14  | MOHAMMED Rabia Elhousseiny  | EGY     |            | 50:19mins   |
| 16  | 12  | HASSAN Marzouk Eissa        | EGY     |            | 51:51mins   |
| 17  | 15  | MOHARAM Hamadallah          | EGY     |            | 52:19mins   |
| 18  | 13  | IHAB Omran                  | EGY     |            | 52:38mins   |
| 19  | 5   | EYO Cletus                  | NGR     |            | 52:58mins   |
| 20  | 3   | GOWOCK J. Joshua            | NGR     |            | 53:46mins   |

